

## **GENERAL PRE-OP INSTRUCTIONS**

- Patient may not have anything to eat or drink (including water) for six (6)hours prior to the appointment.
- A responsible adult must accompany the patient to the office, remain in theoffice during the procedure, and drive the patient home.
- The patient should not drive a vehicle or operate any machinery for 24hours following anesthesia.
- Please wear loose-fitting clothing with sleeves which can be rolled up pastthe elbow, and low-heeled shoes.
- Contact lenses, jewelry, denture and piercings (tongue, lip) must beremoved at the time or surgery.
- Do not wear lipstick or nail polish on the day of surgery.
- If you have an illness such as a cold, sore throat, nausea and vomiting, please notify the office.
- If you take routine oral medications, please let your office know at the timeof your consult.
- Please all cell phones and electronic devices with your driver.

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